

# The Vision

Volume 16, Issue 8

“For the VISION is for the days yet to come.” *Daniel 10:14*

August 2023

## Food for the Body and Soul: Sometimes I Struggle By Pastor Ann

Sometimes, I struggle. That may come as a shock to people, to hear that a pastor can struggle too. I'm not struggling with my faith. My faith in God is solid. Jesus is as real and as present with me today as the day he talked in my left ear. And the Holy Spirit, yeah, she's here with me (although sometimes I wish she was a little less still-quiet-voice and a little more avenging-angel). But I'm struggling with “why church,” and “why church people.” Because sometimes church people aren't nice. Sometimes church people say incredibly hurtful things, often with, ironically, what seems to be an air of righteousness.

And so, I'm hot. As hot as this string of 110+ days and the asphalt in the church parking lot.

Ooooh! Aaaaah! The cool breeze of the Holy Spirit. Even as I am typing this article, she comes, saying, “and that's why you are here. That's what you are called to help with.” Last fall when we had a membership class, I asked the new members, “what are you going to do when this congregation lets you down?” Note, that was “when” not “if.” Guess that applies to me too, doesn't it, God? Because as much as I wish it was otherwise, churches are made up of fallible, imperfect people. And fallible, imperfect people are only capable of creating fallible, imperfect organizations.

And even so, Jesus gave us a new commandment, “love one another, as I have loved you.” (John 13:34) And as a wise person said, and it appeared on a Facebook meme so we know it must be true, you will never meet a person Jesus does not love. And if we follow Jesus, then we are called to love them too. We are called to love God, to love our neighbor as ourselves (which by implications also means love yourself), to love our enemy, and to love each other. I think Jesus saved that last one for the Last Supper because he knew it would be the hardest one of all to keep.

Sometimes it is easier to love our enemy than to love fellow Christians. I think that is because, “*they should know better.*” We think they ought to know what we know, and share our views, and understand God the way we do. It's easier to understand that a Muslim will understand God differently. Naturally a Hindu will understand God differently. Even a Jew will know God differently. But a Christian? A Christian should understand God the way we do and if they don't, well, then

they are just wrong! They aren't good Christians! Right? (Some might even go so far as to say they are evil and depending on the amount of harm done or pain felt, it might feel like evil.)

But Jesus didn't say, “love one another as long as you agree.” Jesus didn't say, “love one another as long as they don't abandon you in your time of need.” Jesus was abandoned in his time of need. Peter denied him three times, and Jesus still told him to “feed my sheep.”

“Love one another as I have loved you...By this everyone will know that you are my disciples, if you love one another.” (John 13:34-35) We are not known as disciples because we agree, or because we understand doctrine best, or because we live perfectly righteous lives. None of those things are the mark of a disciple. The mark of a disciple is love. Love of God. Love of neighbor (and love of self). Love of our enemy. Love of each other.

Why church and why church people? Because we need each other. Because WHEN we love each other, we are such a powerful force for good that nothing can stop us. Because when we love people, that is when they find transformation, when the seed of the kingdom is sown, and when the treasure is found.

And there's another reason too, a practical reason. Community is part of being human and important to our health and our ability to thrive. The US Surgeon General recently released a health advisory on loneliness and isolation. Studies show that loneliness and isolation have negative health consequences at rates as high as smoking and higher than obesity. Social connection, church activities, worship, community service projects, these are all important factors that improve our lives and the lives of all who join us.

Why church? Because church can provide the community that is necessary to our physical, mental and spiritual health. Why church people? Because we are called to love as Jesus loves and Jesus loves them too. And because when we join together, we can change our community and even the world. In the spirit of community, this month's recipe on pages 2 and 3 is Amish Friendship Bread. I hope you enjoy. P.S. Please do not gift me with the bread. Because of my gluten sensitivity, I cannot eat it.



## AMISH FRIENDSHIP BREAD

### ONCE YOU'VE BEEN GIVEN A STARTER...

(Note: Do not use any type of metal spoon or bowl for mixing. Do not refrigerate. If air gets in the bag, let it out. It is normal for the batter to rise and ferment.)

Day 1: Do nothing. Make sure the bag is sealed.

Day 2: Mash the bag.

Day 3: Mash the bag.

Day 4: Mash the bag.

Day 5: Mash the bag.

Day 6: Add to bag, 1 c. flour, 1 c. of sugar, 1 c. of milk. Mash the bag.

Day 7: Mash the bag.

Day 8: Mash the bag.

Day 9: Mash the bag.

Day 10: Make the bread using the recipe below.

## GENERAL RECIPE

### MIX AND DIVIDE THE STARTER BAG AS FOLLOWS.

Pour the entire contents of the bag into a NON-metal bowl and use a NON-metal spoon to mix 1 1/2 c flour, 1 1/2 c sugar and 1 1/2 c milk. Mix well. (Tip: Just snip the corner of the bag and squeeze batter into bowl.)

You need 4 ziploc bags (1 gallon size). Date the bag prior to putting the batter in. Measure 1 c. batter into each of the 4 ziploc bags and make sure to get as much air out as you can. Keep 1 bag for yourself and give the other 3 bags away with a copy of this recipe:

Preheat oven to 325 degrees

Add the following to the remaining batter in the bowl:

3 eggs

1 c of oil

(or 1/2 c oil and 1/2 c applesauce)

1/2 c milk

1 c sugar

2 tsp cinnamon

1/2 tsp vanilla extract

1 1/2 tsp baking powder

1/2 tsp baking soda

1/2 tsp salt

2 c flour

1 large box instant vanilla pudding mix

Grease two large loaf pans. In a small bowl mix an additional 1/2 cup sugar and 1/2 tsp cinnamon. Dust the greased pans with half of the sugar/cinnamon mixture. Pour batter evenly into the pans and sprinkle the top with the remaining sugar/cinnamon mixture. Bake 1 hour. Cool until bread loosens from the pan evenly (about 10 minutes). Turn over onto serving dish. Serve warm or cold.



## AMISH FRIENDSHIP BREAD GENERAL RECIPE CONTINUED

*Tip:* If you use aluminum loaf pans – double them up (one inside the other) and bake for 1 hour. If you use a regular loaf pan, increase baking time to 1 hour and 15 minutes.

*Options:* Add 1 cup chopped nuts or raisins. You can exchange chocolate pudding for vanilla.

Be certain to tell the recipient which day the bag is at when presented to them.

*Note:* Be sure to mark on the bag when you start to keep track of the date or day you are at in the process. If you keep the starter yourself, you will be baking every 10 days. This is very good and makes a great gift. (And a fun option is to NOT provide your recipients with the starter recipe below—and keep that a mystery.)



## AMISH FRIENDSHIP BREAD STARTER

If you do not have a starter, here is where to begin:

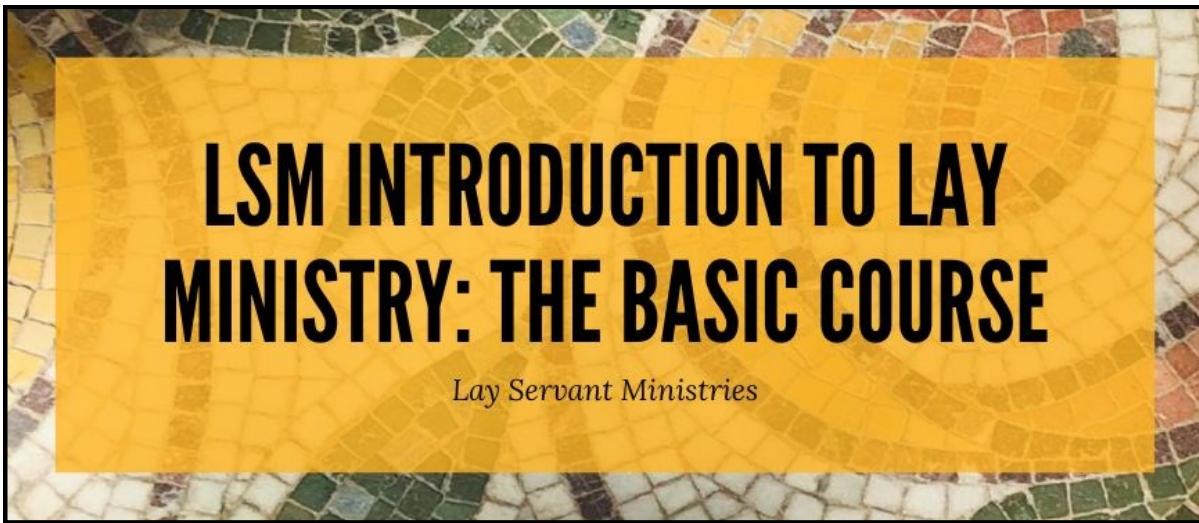
### Ingredients

- 1 (.25 ounce) package active dry yeast
- 1/4 c warm water (110 degrees F/45 degrees C)
- 1 c all-purpose flour
- 1 c white sugar
- 1 c milk

### Directions

1. Dissolve yeast in warm water in a small bowl; let stand until foamy, about 10 minutes.
2. Combine 1 cup flour and 1 cup sugar in a 2-quart container (glass, plastic, or ceramic); mix thoroughly. Stir in 1 cup milk and yeast mixture. Cover the container loosely and leave at room temperature until bubbly. Put the mixture in a gallon ziplock bag. This is day 1 of the 10-day process.

*Note:* You can also freeze the starter in 1 cup measures for later use. Frozen starter will take at least 3 hours at room temperature to thaw before using.



THE EAST DISTRICT of the Southwest Desert Conference of the United Methodist Church is pleased to announce it will be offering:

**What:** *LSM Introduction to Lay Ministry: The BASIC Course*

**When:** Friday, August 25, 2023  
from 6:00 pm-9:00 pm  
and  
Saturday, August 26, 2023  
from 9:00 am – 4:30 pm

**Where:** North Scottsdale UMC  
11735 N Scottsdale Rd  
Scottsdale AZ 85254

This is an introductory course for Lay Servant Ministries. This course helps lay servant leaders understand and adapt an intentional discipleship plan for their church. The text *The Introduction to Lay Ministry: The BASIC Course* is required reading for this program.

The cost for this course is \$15.00 and is payable upon registration.

Either register and pay by credit card online, or you may call the East District LSM Director at (480) 390-3493 to complete the credit card registration. If paying by check, send the payment to:

DSCUMC, c/o Conference Treasurer  
PO Box 32830  
Phoenix, AZ 85064

with instructions to deposit into the East District LSM account. This cost includes just water.

Once you register for this course, you will receive a confirmation email with a link to the book and other information. If you have further questions, you may contact Walt Ahland, the East District LSM Director, at email [EastDistrictLayDirector@gmail.com](mailto:EastDistrictLayDirector@gmail.com).

<https://dscumc.org/blog/2023/06/22/lsm-introduction-to-lay-ministry-the-basic-course/>

## Monthly Prayer for Churches



- Dayspring UMC, Tempe
- Desert Mission UMC, Scottsdale
- First UMC, Mesa
- Song of Life UMC, Queen Creek

# August Worship Series: The Path of the Disciple Continues

OUR WORSHIP SERIES on The Path of the Disciple continues in August as we Search for the Face of God. Throughout this summer worship series, we have hoped to stir some excitement about what it means to be a disciple of Jesus Christ. We've been honest about the difficulty but also considered some of the joys that come with following this path. This final part of the series is in some ways a pinnacle. The community that gathers for worship is reminded that we are indeed following a God who is at work in the world. We are seeking signs of God's presence as we live and work in a hurting yet beautiful world around us. There is no more difficult but ultimately joyous exercise than that.

Whether you call them "God-sightings" or "glory moments," being alert to the presence of God is a fundamental requirement for the disciple. Some might

even argue that it is these discovery moments that keep us going on the pathway to discipleship. Whether you are just beginning to chart your disciple-making path or you are well-versed in the ways to help church members

become disciples, a vital reminder for all is that we are seeking the face of God in the world in which we live and work. At the same time, we begin to realize that for our neighbors and friends, we may become the face of



God for them.

As we conclude this series in August, the work will begin on planning what discipleship looks like at Velda Rose UMC in the rest of 2023 and into 2024 and beyond. As we worship and look for the Face of God, you are invited to be part of finding that path forward, or at least joining in the conversation and letting us know what you need to grow in your faith, and what it is that you are hungry for.

## August Sunday and Wednesday Morning Services

### AUGUST 6TH

*Searching for the Face of God:  
Wrestling with our Hunger*  
Gen. 32: 22-31  
Matt. 14: 13-21  
Pastor Ann

### AUGUST 13TH

*Searching for the Face of God:  
What Are You Seeking?*  
Gen. 37: 1-4, 12-28  
Matt. 14: 22-23  
DS Rev. Melissa Rynders

### AUGUST 20TH

*Searching for the Face of God:  
Is It Fair?*  
Gen. 45: 1-15  
Matt. 15: (10-20) 21-28  
Pastor Ann

### AUGUST 27TH

*Finding Our Place in the Body*  
Isaiah 51: 1-6  
Psalm 138  
Romans 12: 1-8  
Pastor Ann

### 10:00 AM WEDNESDAY ONLINE BIBLE STUDY & MEDITATION

8/2 - Matthew 14: 13-21  
8/9 - Matthew 14: 22-33  
8/16 - Matthew 15: 10-28  
8/23 - Romans 12: 1-8  
8/30 - Romans 12: 19-21

# United Women in Faith



United  
Women  
in Faith

## INVITATION

GRACE UNITED WOMEN IN FAITH has extended an invitation to Velda Rose UWF to attend a

program about immigration and the Eloy Detention Christmas card project Thursday, September 21 at 1:00 pm. The program will be presented by Chris Spencer, chair of UWF committee on Immigration Law and Justice Arizona. Chris shared this ministry at the UWF Retreat held in Payson this year touching the hearts of all. At the retreat, we wrote messages of encouragement on Christmas cards to be sent to detainees. I encourage as many of our members as possible to attend and support one of our sister units in fellowship.

and the life. No one comes to the Father except through me.” Reflecting on this passage, we are asked to consider what it means to follow Jesus as the way, the truth and the life today. We are invited to follow Jesus as a model for living a life of love and service to others. Ms. Simpson writes, “Jesus’ way is one of radical love, inclusivity, and compassion for all people.” She challenges us to question whether Jesus excluded anyone from his Father’s house. She asks these questions: “How might we, as disciples, embrace diversity and work together in unity? What does it look like to have faith and trust in God along the way?” She ends the Bible study with a prayer of thanks that Jesus has promised love and care for us, trust in us, and presence with us along life’s journey.



## RESPONSE MOMENT

The Bible Study in the July/ August 2023 Response Magazine is entitled “Embodying the Way.” The study is based upon John 14:1-14:

[In part] “Don’t be troubled.

Trust in God. Trust also in me. My Father’s house has room to spare. If that weren’t the case, would I have told you that I’m going to prepare a place for you? When I go to prepare a place for you, I will return and take you to be with me so that where I am you will be too. You know the way to the place I’m going.”

Whitney R. Simpson, the author of the Bible Study, notes that there is plenty of room in our Father’s house stating that this is a mighty image of a loving, welcoming, inclusive God. The study stresses that there is always room for us in our journey to have a relationship with God. The passage in John continues as Jesus says: “I am the way, the truth,



## UWF Reading Program

As a reminder, listening to two episodes of Faith Talks on the uwfaith.org website counts as the equivalent of one book in the spiritual growth category. A recent

Faith Talks episode entitled *A Conversation on American Methodists and Women’s Rights* focused on a conversation with Dr. Ashley Boggan. Dr. Boggan is the first woman to lead the office of General Secretary for the General Commission of Archives and History of The United Methodist Church. She is the author of *Nevertheless: American Methodists and Women’s Rights*. In the Faith Talk, Dr. Boggan began the discussion with a portrait of John Wesley’s mother, Susanna. She was a formidable woman who had 19 children, 9 of whom survived past the age of 3. Susanna taught all of her daughters (she had more daughters than sons) to read before she taught them to sew. She opened up her kitchen to anyone who wanted to listen to her talk about Scripture. In no time, she had over 200 people attending her Sunday talks. The year was 1710 and, at that time, it was forbidden for a woman to preach under the rules of the Church of England. John Wesley saw his mother

## United Women in Faith, continued

preaching as an 8- or 9-year-old kid, and that is why throughout his ministry he licensed women to preach. For him, he knew it broke the rules, but he'd seen the good it did when his mother preached. And he saw the Holy Spirit can work through anyone at any point in time, and it is not up to us to say how or where that Holy Spirit flows. It is only up to God. There are many interesting Faith

Talks on the United Women in Faith website. Please check them out for a listen.

*We believe love in action can change the world!*

*Mary Killgrove, President of Velda Rose United Women in Faith*

## United Women in Faith Prayer Chain

*Prayer*

NEED PRAYER? Call Karen Taylor or the church office.

## Out to Lunch Bunch

THE OUT TO Lunch Bunch will be meeting at Sassy's Cafe & Bakery at 4210 East Main (just west of Greenfield) on Friday, August 11 at 11:30 am.

Please call Carolyn Parker or the church office to make a reservation if you didn't sign up at the last luncheon.



United  
Women  
in Faith

## Next Mission Warehouse (Rummage) Sale



**WHEN:** Thursday, 10/26/2023  
Friday, 10/27/2023  
Saturday, 10/28/2023  
(half-off day)

**TIME:** 7:00 am—3:00 pm

**WHERE:** UWF Mission Building  
5502 E Main St., Mesa

# UMM Ice Cream Social



VELDA ROSE UMM hosted their monthly Ice Cream Social on July 13, 2023. Make your own Sundaes was on the menu, with non-dairy and sugar-free options available. Fruit, chocolate, caramel, whipped cream and so much more allowed everyone to make the perfect Sundae—which is always in the eye of the beholder.



Dad jokes from Tim Most, who acted as our host and master of ceremonies, kept the evening light and fun.





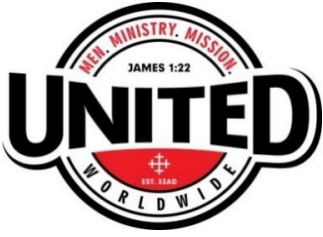


Despite the planned entertainment being unable to attend, everyone had a great time with Pastor Chan singing in Korean, Pastor Ann sharing a silly song from her Girl Scout days and the amazing harmonica stylings of Rev. Les Taylor (retired).

You won't want to miss the next one on August 10 at 6:00 pm.



## United Methodist Men: Men. Ministry. Mission.



TO EVERYONE THAT attended the Ice Cream Social that was held on July 13, we really appreciate your participation in our efforts to make the summer a little more social (pictures on

pages 10 and 11). Thank you! We are planning to do this again on August 10, 2023 in Moore Hall at 6:00 PM. Tickets will be sold at the church on Sundays prior to and at the door of Moore Hall the evening of the event.

Our United Methodist Men in Ministry and Mission invite all men to our meetings. The more men we have to participate in our endeavors, the more we can accomplish! Most of our endeavors support our local missions. This month we donated \$1,000.00 to the Genesis Project in Apache Jct. to help them in their distribution of water for the needy during the heat of the summer. Also, we donated \$500.00 to the First United Methodist Church of Mesa to aid in their cool down rooms. We are able to do this from the projects that we work on, such as the Donut/Sloppy Joe sales at the rummage sale, our Ice Cream socials, the cans that we collect, crush and sell,

among other projects we take on.

Our August meeting will be held on August 1, 2023 at 11:30 AM in Martin Hall on the Church Campus. A light lunch is served.

Come and enjoy some fellowship and get acquainted. Hear of some of the things we are planning.



CANS CANS CANS

The UMMM continue collecting aluminum drinking cans to be recycled. This is good for our environment and also will help us with

income for our missions and projects. You can drop your cans off at the pods on the east end of the mission building. There are slots there to place them in. All cans are appreciated.

Our email is [veldaroseummm@gmail.com](mailto:veldaroseummm@gmail.com) if you wish to contact us.

Bruce D. Williams President UMMM

## Lawrence Memorial AMEZ Church to Worship At VRUMC

*Welcome!*

A SISTER CHURCH, Lawrence Memorial AMEZ Church has lost their worship space and is in need of a place to gather. The UMC and the African

Methodist Episcopal Zion Church are in full connection and it is a blessing to be able to help out a sister congregation. Beginning in August, the Lawrence Memorial AMEZ Church will be using our chapel for their worship services. Because they have a few older members with mobility issues (don't we all?), we would also like to offer them a few handicapped spots closest to the Chapel entrance. To accommodate our own people's

needs, we will mark additional spots for handicapped parking near the courtyard.

The vision of the Lawrence Memorial AMEZ Church is bridging the gap between traditional ways of worship to a contemporary encounter of worship by preaching and teaching to reach the multitude, a multicultural group of people coming together in love by finding the people and developing them to become disciples of Christ. Let us all welcome our siblings in Christ as we all work to build the kingdom.

# Velda Rose UMC Food Pantry



YOUR FOOD PANTRY at Velda Rose UMC is committed to equality and inclusion of everyone within our community.

The Food Pantry provides non-perishable food items to those who come seeking assistance.

Donations are received in the church office Monday through Friday from 9:00am to 2:00pm. On Sundays, drop off your donated food items in the shopping carts located in front of the

Sanctuary.

Our current Food Pantry needs are:

- ⇒ Peanut Butter
- ⇒ Spaghetti
- ⇒ Canned Spaghetti Sauce
- ⇒ Canned meats
- ⇒ Canned vegetables (all kinds)
- ⇒ Granola bars
- ⇒ Canned fruit
- ⇒ Canned beans (all kinds)
- ⇒ Pudding cups
- ⇒ Jelly / Jam
- ⇒ Canned soups (vegetable beef, chicken noodle & tomato)
- ⇒ Saltines

## VRUMC Food Pantry Stats Through June 2023



AS THE HEAT increases, we are seeing a larger number of people seeking aid in our community. The below

chart reflects the amount of need in our area since January 2023. With the summer just beginning, there is a high likelihood of the numbers remaining above 200 through August.

Month	Boxes	People
January	67	151
February	50	114
March	78	158
April	70	179
May	70	145
June	93	208

# Creating Community and Fighting Isolation and Loneliness

DID YOU KNOW that isolation and loneliness are potentially deadly? That they carry greater health risks than obesity and on a par with smoking 15 cigarettes a day? On the one hand, I do find this shocking. On the other hand, it makes sense given what I saw during the COVID lockdown.

The US Surgeon General has recently issued an Advisory on Isolation and Loneliness setting out the findings about the serious health impact isolation and loneliness has on people. I cannot help but think that the decline in church attendance and church involvement is only exacerbating the problem.

But in a way that is good news, because that means that we can help. Through social events like the UMM Ice Cream Social, the UWF Lunch Bunch and our field trips, like the trip to the Butterfly Wonderland and the Mesa History Museum, Velda Rose UMC is working to reduce isolation, to increase connection and to create community. These trips could literally improve your health!

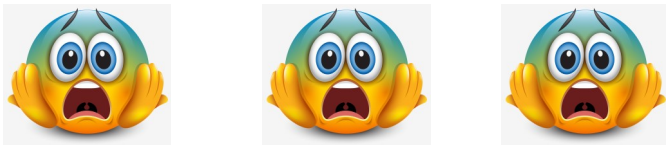
In August, we are combining socializing with mission

by going as a group to Feed My Starving Children and pack nutritious meals for hungry children around the world. Sign up by Monday, August 21 to secure your seat on the bus and join us on Wednesday, August 23, 2023. We will gather in the Library at 11 am and travel together. So do something good for yourself and for hungry children and join us! - Pastor Ann



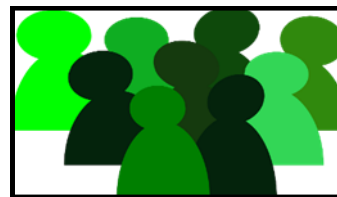
## The Green Team

**AHAAAA!!! HELP! HELP!**



I have such a bad headache from hitting my head against the wall that now I am drowning in crushed up plastic water bottles. I fell into the corrugated cardboard box that I put them in temporarily because I couldn't find a place to recycle either of them...

It seems like no one cares about the Earth anymore! We have tried calling many places to ask about corrugated cardboard and plastic water bottle recycling. No one wants them any more. What a shame that these companies claim to be "GREEN" but



if you ask me I think they are all color blind. We know that many of you live within the city of Mesa so it isn't a problem to have your

trash and recyclables picked up curbside. Hopefully you are doing the right thing and recycling all you can. For the rest of us who live in the "County Island" (sounds exotic doesn't it?) That's another story.

Calling all Green Earthlings! If you have any suggestions or ideas please, please, please let us know. We are "The Green Team" and we will not give up. so please be patient with us and hang in there. We will succeed and we will keep you posted.

# Join Pastor Ann in Worship Planning!

WE HAVE BEEN GIVEN a powerful opportunity to create engaging worship by participating in the worship planning retreat with Worship Design Studio, "Come to the Table." The Annual Conference has made it possible for every church to participate in this seminar. Participating in an intentional process of worship planning honors the importance of worship in our lives as disciples with the hope that we will celebrate worship that engages the congregation who gathers. But the hope is bigger than that—worship is not only the work of the pastors or of the musicians but of the entire Velda Rose family and often serves as the foundation for growth in our discipleship. The planning retreat invites us to think strategically and to plan our worship for the year, to celebrate the seasons of the church, and to meet the needs of our worship community.

Planning effective and meaningful worship includes themes and topics, and music and liturgy, but it also include visual elements, online and social media messages, studies to accompany worship series, and would ideally include things such as social gatherings that build of the messages from the Spirit in worship, mission projects that tied into our worship series, and advertising so our community knows what we are offering for their worship, their spiritual life, and their growth and care. Because each of these elements requires different skills, we need the entire body of

Christ to help create complete worship.

The planning retreat, although scheduled for August 13-15, is also being offered as a series of videos, each focusing on a topic (like how the planning process works) or a season (such as Advent or Christmas). This gives us substantial flexibility. Rather than participating live, I and anyone who would like to join me, will participate in the seminar through the videos at times that work in our schedules. Anyone who would like to help plan our Advent and Christmas season, for example, can attend the opening session, which explains the process, and then the Advent and Christmas session. Because we have conferencing technology, you can be part of the planning even if you are not in Mesa, by attending through Zoom.

My hope is to include as many members or friends of Velda Rose UMC as who might be interested or feel called to participate. Accordingly, I am asking for anyone who might be interested in helping to create our worship plan to sign up. *Below is a form that you can fill out, detach, and place in the offering plate or mail into the church office.* Alternatively, you could send an email to me at [PastorAnn@veldarose.org](mailto:PastorAnn@veldarose.org), providing the requested information. The sessions will begin in late August and will be scheduled to accommodate as many volunteers as possible.

## WORSHIP PLANNING

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

CELL PHONE NUMBER: \_\_\_\_\_

### AREAS OF INTEREST/SKILLS (CHECK ALL THAT APPLY)

Alter Decorations  Sanctuary Decorations  Liturgy/Theme

Social Media  Mission Projects  Social Events/Outreach

Classes or Studies  Advertising  Music

### SEASON(S) OF INTEREST (CHECK ALL THAT APPLY)

All Seasons  Advent/Christmas  Season after Epiphany

Lent/Holy Week  Easter Season

Season after Pentecost (Summer and Fall)

# Desert Southwest UM Foundation Gift Planning



Your church family is much like your actual family. You love them. But you don't necessarily want them to know all the details of your personal business. That is why we sometimes get requests from donors to give an anonymous gift to a church through the Desert Southwest United Methodist Foundation. We honor those requests scrupulously.

Some people prefer to make all their gifts anonymously. If that reflects your wishes, you might want to consider a Donor Advised Fund (DAF) with the foundation. With a DAF you can handle all your charitable gifts as anonymous grants from the Foundation. And if there are some gifts for which you want the organization to know the gift is from your fund, we can do that, too.

It is easy to set up your own charitable giving fund through the Desert Southwest United Methodist Foundation. Start by considering your giving desires.

Think of a name for your fund. Many people just call it the "*Family Name* Charitable Fund."

Consider how you will fund the DAF. A minimum of \$10,000 is required and most people use cash or stock. Unfortunately, although you can take a Required Minimum Distribution from an IRA and pay taxes on it and use it to fund the DAF, you cannot take an income-tax-free Qualified Charitable Distribution from an IRA to fund

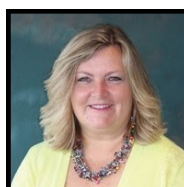
a DAF. However, a gift made with appreciated stock will bypass capital gains tax.

Consider how you pay taxes. A gift to your DAF qualifies for a charitable income tax deduction – but if you don't itemize that may not matter. Sit down with your tax advisor and discuss the best way for you to fund your DAF. Some people make a large gift every three or four years and use it to fund their charitable giving over that time period.

Think about organizations you want to give to. At least 50% of your grant recommendations from your fund need to be Methodist organizations.

Enjoy being thoughtfully generous with your charitable giving.

For more information and details, please give me a call to discuss. The Desert Southwest United Methodist Foundation exists to aid you and the churches in our Conference with charitable giving. Let us help you be generous and wise about your philanthropy.



Anne Green  
Executive Director  
602-798-8202  
agreen@dsumf.org



Shannon Boysen	8/1	Marlys Carvell	8/15
Virgil Schatz	8/1	Tim Most	8/18
Kathy Coffey	8/2	Carolyn Parker	8/19
Enid Gustin	8/3	Janice Stallard	8/20
Ruth Odom	8/3	Bill Monson	8/22
Virginia Williams	8/4	Stephen Weary	8/22
Lynn Twitchell	8/5	Fran Loots	8/24
Theresa De Weerd	8/6	Carmen Williams	8/24
Lois Benson	8/7	Angie Daggy	8/25
Donna Foust	8/7	Nancy Appel	8/28
Grovine Stauffer	8/10	James Bludorn	8/28
Gary Musselman	8/14		



Lee & Pat Nixon	8/2	Gene & Benita Clabaugh	8/25
Ronald & Lynda Boysen	8/16	Al & Nancy Schubring	8/25
Joseph & Karen Oakes	8/17		



# VELDA ROSE

*United Methodist Church*

5540 East Main Street  
Mesa, Arizona 85205-8720  
(480) 832-2111  
Office Hours: Monday – Friday 9:00 AM to 2:00 PM

Stay connected at [veldarose.org](http://veldarose.org)  
or on Facebook at [facebook.com/veldaroseumc](https://facebook.com/veldaroseumc)

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### Staff Leadership

Rev. Carlo A. Rapanut, Bishop  
Rev. Melissa Rynders, East District Superintendent  
Rev. Ann Lyter, Senior Pastor  
Rev. Chan Kim, Associate Pastor  
Ministers, Every Member of the Congregation

## WORSHIP

SCHEDULE

**Wednesday Morning Devotions**  
**10:00 AM**  
Online at [facebook.com/veldaroseumc](https://facebook.com/veldaroseumc)

**Sunday Morning Services**  
**9:30 AM**  
Online at [facebook.com/veldaroseumc](https://facebook.com/veldaroseumc)  
& in-person in the Sanctuary

<https://www.fmsc.org>

## Feed My Starving Children

**Wednesday**  
**8/23/23**

**Meet @ 11:00 AM**  
**in the library**

Please sign up by 8/21/23

Items considered for the September Vision must be submitted to Jessica  
at [officeadmin@veldarose.org](mailto:officeadmin@veldarose.org) by **Tuesday, August 8, 2023.**